

# Gluten Free

We know first-hand the difficulty in eating out with gluten tolerances. Try these delicious meals using gluten free chips, gravy's & maize flour so you can eat gluten free & enjoy!

<b>STRIPLOIN STEAK</b> Grain fed MSA striploin steak chargrilled & served with chips & salad <b>Sauces</b> Gravy, mushroom sauce, pepper sauce, Dianne sauce, garlic cream sauce	27.90 3.00
<b>ATLANTIC SALMON</b> Oven baked Atlantic Salmon, sweet potato fries & pan-fried vegetables	24.90
<b>SALT &amp; PEPPER SQUID</b> Squid lightly floured in our Sia salt & pepper mix served with chips, salad & Sia tartare sauce	21.90
<b>POLLO MUSTARD</b> Chicken breast in a seeded mustard sauce served with salad & rice	20.90
<b>SALT &amp; PEPPER SQUID SALAD</b> Squid lightly floured in our Sia salt & pepper mix, lettuce tomato, cucumber, Spanish onion, creamy dressing & balsamic glaze	16.90
<b>LAMB YIROS SALAD</b> Marinated Greek style lamb Yiros meat, lettuce cucumber, Spanish onion, cherry tomatoes, feta cheese & tzatziki dressing	18.90

## Pots & pans

Gluten free penne pasta available Add \$3	
<b>RISOTTO CHILLI CON MARE</b> Blue swimmer crab meat & Prawns, Spanish onion, fresh chilli, garlic & white wine in a rosé sauce	21.90
<b>RISOTTO PRAWNS ALA CRÉMÉ</b> Prawns, pumpkin, bacon, Spanish onion & broccoli in a light cream sauce	21.90
<b>POLLO BELLA RISOTTO</b> Chicken breast, seeded mustard, avocado & baby spinach in a creamy white wine sauce topped with sun dried tomatoes	19.90
<b>CARBONARA RISOTTO</b> Bacon, free range egg, parmesan cheese, cracked pepper in a cream sauce	18.90
<b>VEGETARIAN RISOTTO (GF) (VEGAN)</b> Broccoli, pumpkin, mushrooms, baby spinach, Spanish onion in our house made napolitana sauce	17.90

## PIZZA

9" 15.90 - 12" 19.90

### MARGARITA

Tomato, mozzarella cheese, mushroom, diced tomato marinated in basil, garlic & olive oil

### HAWAIIAN

Tomato, mozzarella cheese, Virginia ham & pineapple

### CHICKEN

Tomato, mozzarella cheese, bacon, onion, capsicum, marinated chicken & pineapple

### VEGETARIAN

Tomato, mozzarella cheese, mushroom, onion, capsicum, pineapple & Kalamata olives topped with herbs

## Desserts

### GLUTEN FREE CAKE

\$6.50 per slice

See display fridge for selection

Please quote table number when ordering, Prices are subject to change without notice  
\$1 surcharge for AMEX | no separate table accounts | 50c eftpos charge transactions under \$10.  
We use quality produce, local when possible



Facebook/cafesiagawler



@cafe\_sia



@cafe\_sia

Post your pic & follow us on